



Your Inner Hero

Seminars by Jaye on how to live with courage, kindness and a positive attitude. Find your inner hero. Yes you can!

In the process of rescuing a special needs woman who fell on the ice, Jaye McKenzie recruited two passing students to help her.

"I was so proud of the way these young people stepped up. It occurred to me that speaking about it might inspire others to live more bravely, not just once, but every day," says Jaye. "And so the idea of YOUR INNER HERO was born."

Jaye draws on this event and other real-life experiences to reinforce the concept of "paying it forward" in dynamic, interactive seminar workshops for young people. Presentations vary in length from 50 minutes to 2 hours and accommodate any size group.

"Creative and full of potential—not a typical "anti-bullying" message."

Lorraine Shafransky

Vice Principal, Forest Hill Jr. & Sr Public School

"Tone, voice and communication of idea/workshop was excellent."

Teacher

Forest Hill Jr. & Sr Public School

"Very helpful."

"You are such a good presenter...always smiling and fun."

"You are cool."

"Awesome presentation!!!"

Students

Forest Hill Jr. & Sr Public School

Recognize the power of this innovative approach to character development. Book your class or youth group today.



Your Inner Hero
Jaye McKenzie

tel: 416.784.4120

fax: 416.784.1289

email: yourinnerhero@yahoo.ca